

Ear Candles

For effective holistic treatment

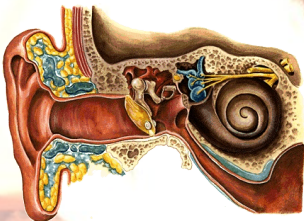


Ear candles

Relieve your stress and find your inner peace through our ear candling treatment. It is effective in reducing earache, itchiness of ears, headache, migraine, ear noise, Stress and nervous tension. You will be definitely amazed by the face lift effect and a freer nasal breathing And improved sense of smell, even when the nose was blocked before the treatment. Most important of all, it will invoke your inner peace and bring along a sense of well-being. 1. Lie down on one side on the pillow. 2. Massage the ear area, 3. Put 2 piece of towel around the pillow. 4. Light up the longer end and place the shorter end gently into the outer ear passage. 5. The ear candles, it may burn down to 7cm inch above the black line marking at the most. 6. With the vacuum theorem to inhale the ear wax from the ear. 7. Use the alcohol to clean the wax in the ears.

A manufacturer of ear candles, refers to them as "Hopi" ear candles, there is no such treatment within traditional Hopi healing practices. It is hard to say where the use of ear candles started but it is possible the ancient Chinese were the first using the ear candles.

An ear candling session can last from 15 minutes to 45 minutes, during which time a series of one or two ear candles may be burned for each ear. Please make sure we do not take any possibility for the use and working of ear candles. Keep in mind you work with fire, even when the flames are small they are hot and you can burn yourself and it is possible to start a fire with an un attended ear candle. Make sure you have something at hand to stop the fire when it may occur, also you will need a lighter, some towels and a place to lay down. It is not recommended to use the candles for your own ears, it is better to ask for assistance and relax and lay down on a couch or sofa. These ear candles are imported in the European union by timmersgems.com



Inside ear / Binnen oor

